



SINGAPORE ATHLETIC ASSOCIATION

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36TH SINGAPORE JUNIOR ATHLETIC CHAMPIONSHIPS 2010

Date/Time : 13 & 14 March 2010 (Sat & Sun)

Venue : SAA Centre of Excellence, **Bukit Gombak Stadium**

Category : Under 16 those born in 1995, 1996 or 1997 only
Under 18 those born in 1993 or 1994 only
Under 20 those born in 1991 or 1992 only

*** All ages are calculated as at 31 December 2010**

Entry Fees : **\$10.00 per entry (inclusive GST)**

Closing date for confirmation of participation: Tuesday, 09 March 2010 at 5pm sharp

- Confirmations must **reach us** by the closing date stated above. Submission of confirmations may be made by:
 - E-mail: athletics@pacific.net.sg
 - Fax: 6386-7773
- **All late replies WILL NOT be entertained**

NOTES

1. Events with less than three (3) confirmed entries will be cancelled.
2. Should an athlete fail to report/ show up on race day without any medical certificate, he/she will not be allowed to take part in subsequent events.
3. Athletes are allowed to compete only in the event/events he/she has qualified for.
4. No additional entries and/or changes of athletes will be entertained upon submission of confirmations.
5. There will be no refund of entry fees for those who, for whatever reasons, eventually do not take part.

6. FIELD EVENTS

Throwing & Horizontal Jumps events

- Each competitor is allowed three (3) attempts, after which the top eight (8) athletes be allowed another three (3) attempts.
- Competitors shall be given two (2) warm up trials before commencement of the event.
- For throwing events, competitors are allowed to warm up without implements at their respective pits unless otherwise allowed by the presiding official.

Vertical Jumps events

- Competitors shall be eliminated from the competition if he/she records three (3) consecutive failures.

7. TRACK EVENTS

- All competitors must report to the Call Room Judges 30 minutes before the Start of each event
- The competitor **WILL NOT** be accepted if he/ she reports to the Starter directly without first reporting to the Call Room Judges.