

**The 5th South East Asian Junior Athletics Championships
26 – 27 October 2010, Bangkok, Thailand**

GENERAL INFORMATION

DATE	Tuesday 26 th & Wednesday 27 th October 2010
PARTICIPATION	All South East Asian Member Federations are invited to participate
AIRPORT	Suvarnabhumi International Airport (BKK)
AGE LIMIT	The age of the athletes taking part in the Junior Athletics Championships has to be born in year 1992, 1993, 1994 and 1995 The passports of all the participating athletes will be verified before competition.
EVENT PROGRAMME	The following events will form the program of the Championships

BOYS : 18 events

1. 100m
2. 200m
3. 400m
4. 800m
5. 3000m
6. 2000m Steeplechase
7. 110m Hurdles (99.0cm)
8. 400m Hurdles (91.1cm)
9. 4 x 100m Relay
10. 4 x 400m Relay
11. Long Jump
12. High Jump
13. Triple Jump
14. Shot Put (6kg)
15. Pole Vault
16. Discus Throw (1.75kg)
17. Javelin Throw (800g)
18. 10km Walk

GIRLS : 18 events

1. 100m
2. 200m
3. 400m
4. 800m
5. 3000m
6. 2000m Steeple Chase
7. 100m Hurdles (84.0cm)
8. 400m Hurdles (76.2cm)
9. 4 x 100m Relay
10. 4 x 400m Relay
11. Long Jump
12. High Jump
13. Triple Jump
14. Shot Put (4kg)
15. Pole Vault
16. Discus Throw (1kg)
17. Javelin Throw (600g)
18. 5km Walk

**ENTRY
CONDITIONS**

Individuals:

- i) Two (2) competitors per country per event
- ii) Three (3) competitors for the host country per event

Team : One team per country per event

**PRELIMINARY
ENTRY FORM
(BY NUMBERS)**

Friday 24th September 2010

**FINAL ENTRY
FORM (BY NAME)**

Tuesday 5th October 2010

DOPING CONTROL

Doping control will be conducted according to IAAF rules